

## WELCOME TO ASCENSION

### SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

“NOTHING EMBITTERS A PERSON MORE THAN SUFFERING. BUT WHEN IT IS CONSECRATED TO GOD, IT BECOMES HOLY”

THOMAS MERTON

#### SUN AUG 18 13<sup>th</sup> SUNDAY AFTER PENTECOST

After – Hospitality

1 Cor 16:13-24 Mt 21:33-42 Tone 4

11:00 Divine Liturgy For All Our Parishioners & HGB Elisabeth Branden by Fr. Alex

Tue Aug 20 8:30 Divine Liturgy For All Our Parishioners HGB Emma Bernier by Fr. Alex

Wed Aug 21 8:30 Divine Liturgy For All Our Parishioners and Jaroslav & His Family by Fr. Alex

MOLEBEN TO THE THEOTOKOS -Special Intentions-For Peace in Our Country

5:30pm Chant Camp - a summer music offering

Thu Aug 22 8:30 Divine Liturgy For All Our Parishioners and + John & Monica Ruscus by Fr. Alex

6:00pm - ROSARY - Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club

Sat Aug 24 1:00pm Church Cleaning Hours

#### SUN AUG 25 14<sup>th</sup> SUNDAY AFTER PENTECOST

After – Hospitality- Breakfast Sandwiches

2 Cor 1:21-2:4 Mt 22:1-14 Tone 5

11:00 Divine Liturgy For All Our Parishioners & HGB Some of those who need special prayer by Fr. Alex

Let's be prepared and proactive for any event that may happen on church property during our Sunday Divine Liturgy and every day.

Breakfast Sandwiches - The men's club will be offering breakfast sandwiches once again on Sunday 25 August, after liturgy. Funds raised help the club support parish projects.

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Frank and Chris Janke, Mary Grace Dorsey, Ben Pawers, Betty May Hertz, Emma Bernier, Lolly Vinson, June Mathews, William McGraw, Myron Kotyk, Darren and June Hall, Aurora & Jaime Daquilanea, Lary, Mary Ann Drumtra & their Family, Katharina Margan, Elaine Hampton, Dr. Micheal & Linda Lechman, Orysia Stefaniv, Elisabeth Branden, Merly & Teresa Phillips, Mary Sullivan, Mary Saupp, Francis Fenderson, Gareth & Patricia Reeves. Abigail Johnson, Don Wilson & his Family, Johnny Morris, Hazel Reeres, Richard Bapst; Joan Ruszkowski and her Family. Thank you. Fr. Alex

## Bible Study: the Book of Genesis

The next Bible study will be held on August 27 from 5:15 to 6:30 PM. The discussion will cover Chapter in Genesis.

Dr. Michael Lechman

Please Join us on the (1<sup>st</sup> and 3<sup>rd</sup> Tuesday) of the month to: Read, Discuss, and Meditate on the Daily Readings, after Divine Liturgy, and ( 2<sup>nd</sup> and 4<sup>th</sup> Tuesday Evening Bible Study of St. John at 5:15pm. in the Social Hall.

**Visitors, family and friends:** Are you curious, do you have questions or inquirers about our church, icons, Divine Liturgy, or Byzantine Catholic traditions? Someone will be waiting to answer your questions after Divine Liturgy on Sunday mornings in the vicinity of the icon corner at the front of the sanctuary. Don't be afraid to ask, there are no wrong questions.

**Attention all Parishioners, Visitors, and Guests:** please do your part to help us keep the Social Hall clean. After Sunday Hospitality and Pot Lucks please made sure the table area where you were sitting is wiped clean. **Also, please place your chair on top of the table.** Doing these things will be a big help and save much time in maintaining and keeping the floors clean. Thanks for your help and cooperation Fr. Alex

The **Automatic External Defibrillator (AED)** is fully operational and located on the wall above the fire extinguisher in St. Phillips Hall. Eight parishioners were certified on the use of the AED on Oct 8,2023 and other parishioners have been certified in the past. Periodic updates will follow. Dr. Michael Lechman

**Liturgy and Candle Requests:** Often we want to remember someone and offer special prayers for the departure of a loved one, special occasion, birthday, anniversary, etc. with celebration of a Divine Liturgy or lighting of a candle in front of an icon. To request a liturgy or candle, please complete the form in the appropriate envelope which you will find in the rack on the wall as you enter Ascension church and place it in the Sunday offering basket. Thank you. Fr. Alex.

**We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex**

**Young Adults, Children, Adult Bible Study Comity:** Subdeacon Adithia Kusno, Dr. Michael Lechman, Sasha Kusno. **Special Event/Retreat Speakers Comity:** David Efimetz, Don Merkley, Dr. Mary Jean Sotack

### Happy August BIRTHDAYS

4th Fr. Alex Shuter; 10th Frank Janke; 11th Adithia Kusno; 17 Sydney Marie Karlson;  
21st Loretta Fetsko

### 2023 – 2024 Bishop's Appeal - August Update

Our Parish received a check from the Bishop's Office in the amount of \$2,854. The 40% return to our Parish for meeting and exceeding our goal for the annual Bishop's Appeal. The funds will be used to help offset the costs of replacing the county water line to the Church and replacing of one of our Church's main air conditioning units.

Thank You for your generosity and giving spirit!  
Ascension Of Our Lord Advisory Board

### Security Team Recruitment

Fr. Alex is seeking additional volunteers to be part of the Ascension Security Team. All able-bodied adults (Men and Women) are welcome to participate. We need Greeters at the front entrance outside the church from 10:30am to the end of Divine Liturgy and Greeters inside the church from 10:30am to the end of the Divine Liturgy. Training and security updates will be provided once a month after Sunday Divine Liturgy at a scheduled Security Team meeting. To sign up for this important Church ministry please see Ann Merkley (Security Team Secretary) in the gift shop before or after Sunday Divine Liturgy.

Job descriptions will be available for each role.

### **SPECIAL ORDERS WELCOMED.**

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps, local honey.

THIS BIRTHDAY, I AM ONCE AGAIN REMINDED OF THE BOUNTIFUL JOYS THAT I HAVE REAPED FROM MY FRIENDS, FAMILY MY PARISH FAMILY, AND HOW BLESSED I AM TO HAVE SO MUCH LOVE FROM EVERYONE AROUND ME. THANK YOU, FROM THE BOTTOM OF MY HEART. GOD BLESS YOU ALL. FR. ALEX

## God bless America!!!

### Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY  
BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN



### **FINANCIALS, Aug 11, 2024**

Monthly Dues –75.00; Offertory –1,266.00; Candles-45.00; Holyday-65.00; Fuel-25.00  
In – 1,476.75; Out-308.79

### **Candles for July**

Sanctuary Lamp...+ John & Betta Labanish

Tetrapod... HGB Lainie Noonan by Chris Noonan

Theotokos & Child... HGB Andrey by Keith & Nadia Shckly

John Baptist... + Jonathan Duttry by Patty Duttry

St Nicholas... HGB Hampton Family Nicole, Alex Allyson by Eleine & Joe Hampton

Protection Theotokos... In Love & Gratitude by Jim & Gia Hoolan

Christ Teacher... HGB Irene Slysh by Keith & Nadia Shockly

## Our Daily Bread – Something Special

*My soul proclaims the greatness of the Lord, My Spirit rejoices in God my Savior. For He has looked with favor on His lowly servant. From this day all generations will call me blessed...*  
From the Canticle of Mary taken from the 1<sup>st</sup> Chapter of the Gospel of Luke.

Recently we celebrated the Assumption of the Blessed Virgin Mary. It is called the Dormition (Falling Asleep) in the Eastern Church, which seems appropriate, for death could not have a hold on one who is incorrupt. This feast day is also compared to the nativity since Mary was born into Heaven.

The Blessed Virgin Mary is special. Unique beyond all God’s creatures, she was created to be the God-bearer. According to many theologians, the Virgin Mary was first alluded to in Genesis, when the Lord told Satan, *“I will put enmity between you and the woman, and between your offspring and hers; he will strike your head, and you will strike his heel.”* Gen 3:15. The woman mentioned was Mary and her offspring was Jesus Christ. Here in the first book of the Bible, we hear the words that creates an expectation of a redeemer, foretells victory over sin, and even lays out the parameters by which it will be accomplished. Is it any wonder that Satan, in his pride, hates the Virgin Mother and is afraid of her?

Mary was born immaculate, without the stain of original sin, as was Eve. Unlike Eve, Mary remained pure, sinless, and thus became worthy to become the ark for the word of God incarnate, Jesus Christ. It was the only way. Isaiah prophesied it, “Therefore the Lord Himself will give you a sign: Behold, the virgin will conceive and give birth to a son, and she will name Him Immanuel.” Is. 7:14.

Hail Full of Grace - According to tradition she served in the Temple of Jerusalem as a young girl, and then, after this service was betrothed to a humble carpenter, Joseph, of the line of David, in accordance with scripture. It was the Arc-Angel Gabriel who announced the coming of the Holy Spirit, and Mary conceived Christ our King. In her response. *“Let it be done to me according to thy word.”*, we find a strength and determination to accomplish the Will of God that was lacking in Eve. Salvation was at hand.

Although we only catch a glimpse of her in the Gospels, mainly Luke’s, Mary was our Lord’s first and most ardent disciple. There was a bond between her and Jesus that was unshakable. A bond formed at conception, and developed through the early “hidden” years, as Jesus grew to manhood. It was Mary that had a hand in Jesus’ first public miracle at the Wedding Feast in Cana. She then accompanied Him to Capernaum where no doubt she listened intently to His preaching. Although separated frequently, I do not believe the distance mattered. The Sacred Heart of Jesus and the Immaculate heart of Mary were connected in a “profound mystical union”,

just as they are today.

*Mary is the role model for all who accept Christ’s words.* Saint John Paul II. - Mary’s faith and grace allowed her to grasp the meaning of Jesus’ teachings better than His Apostles and disciples. In the same way Mary also shared in her Son’s rejection by his own people. She shared in His suffering and torment, and bore it with great dignity. Remember, it was Mary that stood at the foot of the Cross. When the lance pierced the heart of her Son, it pierced her heart also. Yet she bore all things, sure in her faith. Here we find the true meaning of being a follower of Christ.

When the course of her earthly life was finished, is it any wonder that she was taken up into heaven body and soul? *“And the Angels were filled with awe at how the Virgin went from earth to heaven.”* From the Byzantine Liturgy on the Feast of the Dormition.

But her work was not finished, for God in His Wisdom, had yet another assignment. One that must have shaken Satan to his very core. For Mary became the Queen of Heaven, Queen of Angels, Queen of all Saints. She was to become our mother, our advocate before the Throne of Almighty God. The Mediatrix in whom all those seeking refuge from Satan shall come. It was the third great gift Our Lord gave to us to sustain us in this world.\*

Love Dad

## 10 signs you’re doing well in life:

- 1.) you have a roof over your head. 2.) You ate today. 3.) You have a good heart.
- 4.) You wish good for others. 5.) You have clean water. 6.) Someone cares for you.
- 7.) You strive to be better. 8.) You have clean clothes. 9.) You have a dream. 10.) You’re Breathing.

Be Thankful For The Little Things

DEAR HEAVENLY FATHER, HELP ME KNOW YOU BETTER SO THAT WHEN I PRAY FOR OTHERS, I CAN FILTER MY REQUEST THROUGH MY KNOWLEDGE

## Psalm 1

**Blessed are they who hope in the Lord.**

Blessed the man who follows not  
the counsel of the wicked  
Nor walks in the way of sinners,  
nor sits in the company of the insolent,  
But delights in the law of the LORD  
and meditates on his law day and night.

**Blessed are they who hope in the Lord.**

He is like a tree  
planted near running water,  
That yields its fruit in due season,  
and whose leaves never fade.  
Whatever he does, prospers.

**Blessed are they who hope in the Lord.**

Not so, the wicked, not so;  
they are like chaff which the wind drives away.  
For the LORD watches over the way of the just,  
but the way of the wicked vanishes.

**Blessed are they who hope in the Lord.**

## Psalm 95

**If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the LORD;  
let us acclaim the Rock of our salvation.  
Let us come into his presence with thanksgiving;  
let us joyfully sing psalms to him.

**If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;  
let us kneel before the LORD who made us.  
For he is our God,  
and we are the people he shepherds, the flock he guides.

**If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:  
“Harden not your hearts as at Meribah,  
as in the day of Messiah in the desert,  
Where your fathers tempted me;  
they tested me though they had seen my works.”

**If today you hear his voice, harden not your hearts.**

## Psalm 23

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

The LORD is my shepherd; I shall not want.  
In verdant pastures he gives me repose;  
Beside restful waters he leads me;  
he refreshes my soul.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

He guides me in right paths  
for his name's sake.  
Even though I walk in the dark valley  
I fear no evil; for you are at my side  
With your rod and your staff  
that give me courage.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

You spread the table before me  
in the sight of my foes;  
You anoint my head with oil;  
my cup overflows.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

Only goodness and kindness follow me  
all the days of my life;  
And I shall dwell in the house of the LORD  
for years to come.

**Even though I walk in the dark valley I fear no evil; for you are at my side.**

## Psalm 16

**Keep me safe, O God; you are my hope.**

Keep me, O God, for in you I take refuge;  
I say to the LORD, "My Lord are you."  
O LORD, my allotted portion and my cup,  
you it is who hold fast my lot.

**Keep me safe, O God; you are my hope.**

I bless the LORD who counsels me;  
even in the night my heart exhorts me.  
I set the LORD ever before me;  
with him at my right hand I shall not be disturbed.

**Keep me safe, O God; you are my hope.**

Therefore my heart is glad and my soul rejoices,  
my body, too, abides in confidence;  
Because you will not abandon my soul to the nether world,  
nor will you suffer your faithful one to undergo corruption.

**Keep me safe, O God; you are my hope.**

You will show me the path to life,  
fullness of joys in your presence,  
the delights at your right hand forever.

**Keep me safe, O God; you are my hope.**

### **Psalm 138**

**Your right hand saves me, O Lord.**

I will give thanks to you, O LORD, with all my heart,  
for you have heard the words of my mouth;  
in the presence of the angels I will sing your praise;  
I will worship at your holy temple,  
and give thanks to your name.

**Your right hand saves me, O Lord.**

Because of your kindness and your truth,  
you have made great above all things  
your name and your promise.  
When I called, you answered me;  
you built up strength within me.

**Your right hand saves me, O Lord.**

Your right hand saves me.  
The LORD will complete what he has done for me;  
your kindness, O LORD, endures forever;  
forsake not the work of your hands.

**Your right hand saves me, O Lord.**

### **Psalm 113**

**The Lord will give him a seat with the leaders of his people.**

Praise, you servants of the LORD,  
praise the name of the LORD.  
Blessed be the name of the LORD  
both now and forever.

**The Lord will give him a seat with the leaders of his people.**

From the rising to the setting of the sun  
is the name of the LORD to be praised.  
High above all nations is the LORD;  
above the heavens is his glory.

**The Lord will give him a seat with the leaders of his people.**

Who is like the LORD, our God, who is enthroned on high  
and looks upon the heavens and the earth below?

**The Lord will give him a seat with the leaders of his people.**

He raises up the lowly from the dust;  
from the dunghill he lifts up the poor  
To seat them with princes,  
with the princes of his own people.

**The Lord will give him a seat with the leaders of his people.**

## **Psalm 104**

**Lord, send out your Spirit, and renew the face of the earth.**

Bless the LORD, O my soul!  
O LORD, my God, you are great indeed!  
How manifold are your works, O LORD!  
the earth is full of your creatures.

**Lord, send out your Spirit, and renew the face of the earth.**

May the glory of the LORD endure forever;  
may the LORD be glad in his works!  
Pleasing to him be my theme;  
I will be glad in the LORD.

**Lord, send out your Spirit, and renew the face of the earth.**

If you take away their breath, they perish  
and return to their dust.  
When you send forth your spirit, they are created,  
and you renew the face of the earth.

**Lord, send out your Spirit, and renew the face of the earth.**

## **Psalm 11**

The LORD is in his holy temple;  
the LORD's throne is in heaven.  
His eyes behold,  
his searching glance is on mankind.

**The just will gaze on your face, O Lord.**

The LORD searches the just and the wicked;  
the lover of violence he hates.  
For the LORD is just, he loves just deeds;  
the upright shall see his face.

**The just will gaze on your face, O Lord.**

### **Psalm 103**

**The Lord has established his throne in heaven.**

Bless the LORD, O my soul;  
and all my being, bless his holy name.  
Bless the LORD, O my soul,  
and forget not all his benefits.

**The Lord has established his throne in heaven.**

For as the heavens are high above the earth,  
so surpassing is his kindness toward those who fear him.  
As far as the east is from the west,  
so far has he put our transgressions from us.

**The Lord has established his throne in heaven.**

The LORD has established his throne in heaven,  
and his kingdom rules over all.  
Bless the LORD, all you his angels,  
you mighty in strength, who do his bidding.

**The Lord has established his throne in heaven.**

### **Psalm 15**

**He who does justice will live in the presence of the Lord.**

He who walks blamelessly and does justice;  
who thinks the truth in his heart  
and slanders not with his tongue.

**He who does justice will live in the presence of the Lord.**

Who harms not his fellow man,  
nor takes up a reproach against his neighbor;  
By whom the reprobate is despised,  
while he honors those who fear the LORD.

**He who does justice will live in the presence of the Lord.**

Who lends not his money at usury  
and accepts no bribe against the innocent.  
He who does these things  
shall never be disturbed.

**He who does justice will live in the presence of the Lord.**



## Exodus 15

**Let us sing to the Lord; he has covered himself in glory.**

I will sing to the LORD, for he is gloriously triumphant;  
horse and chariot he has cast into the sea.  
My strength and my courage is the LORD,  
and he has been my savior.  
He is my God, I praise him;  
the God of my father, I extol him.

**Let us sing to the Lord; he has covered himself in glory.**

The LORD is a warrior,  
LORD is his name!  
Pharaoh's chariots and army he hurled into the sea;  
the elite of his officers were submerged in the Red Sea.

**Let us sing to the Lord; he has covered himself in glory.**

The flood waters covered them,  
they sank into the depths like a stone.  
Your right hand, O LORD, magnificent in power,  
your right hand, O LORD, has shattered the enemy.

**Let us sing to the Lord; he has covered himself in glory.**

## Psalm 69

**Turn to the Lord in your need, and you will live.**

I am sunk in the abysmal swamp  
where there is no foothold;  
I have reached the watery depths;  
the flood overwhelms me.

**Turn to the Lord in your need, and you will live.**

But I pray to you, O LORD,  
for the time of your favor, O God!  
In your great kindness answer me  
with your constant help.

**Turn to the Lord in your need, and you will live.**

But I am afflicted and in pain;  
let your saving help, O God, protect me;  
I will praise the name of God in song,  
and I will glorify him with thanksgiving.

**Turn to the Lord in your need, and you will live.**

“See, you lowly ones, and be glad;  
you who seek God, may your hearts revive!  
For the LORD hears the poor,  
and his own who are in bonds he spurns not.”

**Turn to the Lord in your need, and you will live.**

## Psalm 106

**Give thanks to the Lord, for he is good.**

Our fathers made a calf in Horeb  
and adored a molten image;  
They exchanged their glory  
for the image of a grass-eating bullock.

**Give thanks to the Lord, for he is good.**

They forgot the God who had saved them,  
who had done great deeds in Egypt,  
Wondrous deeds in the land of Ham,  
terrible things at the Red Sea.

**Give thanks to the Lord, for he is good.**

Then he spoke of exterminating them,  
but Moses, his chosen one,  
Withstood him in the breach  
to turn back his destructive wrath.

**Give thanks to the Lord, for he is good.**

**Psalm 99**

**Holy is the Lord our God.**

Extol the LORD, our God,  
and worship at his footstool;  
holy is he!

**Holy is the Lord our God.**

Moses and Aaron were among his priests,  
and Samuel, among those who called upon his name;  
they called upon the LORD, and he answered them.

**Holy is the Lord our God.**

From the pillar of cloud he spoke to them;  
they heard his decrees and the law he gave them.

**Holy is the Lord our God.**

Extol the LORD, our God,  
and worship at his holy mountain;  
for holy is the LORD, our God.

**Holy is the Lord our God.**

**Psalm 95**

**If today you hear his voice, harden not your hearts.**

Come, let us sing joyfully to the LORD;  
let us acclaim the Rock of our salvation.  
Let us come into his presence with thanksgiving;  
let us joyfully sing psalms to him.

**If today you hear his voice, harden not your hearts.**

Come, let us bow down in worship;  
let us kneel before the LORD who made us.  
For he is our God,  
and we are the people he shepherds, the flock he guides.

**If today you hear his voice, harden not your hearts.**

Oh, that today you would hear his voice:  
“Harden not your hearts as at Meribah,  
as in the day of Massah in the desert,  
Where your fathers tested me;  
they tested me though they had seen my works.”

**If today you hear his voice, harden not your hearts.**

#### **Psalm 106**

**Remember us, O Lord, as you favor your people.**

We have sinned, we and our fathers;  
we have committed crimes; we have done wrong.  
Our fathers in Egypt  
considered not your wonders.

**Remember us, O Lord, as you favor your people.**

But soon they forgot his works;  
they waited not for his counsel.  
They gave way to craving in the desert  
and tempted God in the wilderness.

**Remember us, O Lord, as you favor your people.**

They forgot the God who had saved them,  
who had done great deeds in Egypt,  
Wondrous deeds in the land of Ham,  
terrible things at the Red Sea.

**Remember us, O Lord, as you favor your people.**

Then he spoke of exterminating them,  
but Moses, his chosen one,  
Withstood him in the breach  
to turn back his destructive wrath.

**Remember us, O Lord, as you favor your people.**

#### **Psalm 97**

**The Lord is king, the Most High over all the earth.**

The LORD is king; let the earth rejoice;  
let the many islands be glad.  
Clouds and darkness are round about him,  
justice and judgment are the foundation of his throne.

**The Lord is king, the Most High over all the earth.**

The mountains melt like wax before the LORD,  
before the LORD of all the earth.  
The heavens proclaim his justice,  
and all peoples see his glory.

**The Lord is king, the Most High over all the earth.**

Because you, O LORD, are the Most High over all the earth,  
exalted far above all gods.

**The Lord is king, the Most High over all the earth.**

I will hear what God proclaims;  
the LORD—for he proclaims peace  
To his people, and to his faithful ones,  
and to those who put in him their hope.

**The Lord speaks of peace to his people.**

Kindness and truth shall meet;  
justice and peace shall kiss.  
Truth shall spring out of the earth,  
and justice shall look down from heaven.

**The Lord speaks of peace to his people.**

The LORD himself will give his benefits;  
our land shall yield its increase.  
Justice shall walk before him,  
and salvation, along the way of his steps.

**The Lord speaks of peace to his people.**

## **Psalm 85**

**The Lord speaks of peace to his people.**